# THE JOHN H. MAGILL CERTIFICATE TRAINING PROGRAM IN SCHOOL MENTAL HEALTH

Presented to the SCDMH School Mental Health Training Summit, Columbia, SC August 7<sup>th</sup>, 2019 Christian Barnes-Young, MS, LPC & Courtnie Collins, PsyD

## INTRODUCTION

#### DMH has a long history of SMH services

- First school mental health position started in Greenville in 1995
- The SMH program grew rapidly and is now in over 730 schools
- Recognized need for independent evaluation and consultation
  - While a partnership was formed much earlier, DMH formally contracted with USC School Behavioral Health Team in 2015 to work on:
    - Implementation of best practices
    - Improving consistency of the program across the state
    - Training and workforce development
    - < Data collection of program outcomes
- SMH Advisory Board was a recommendation from USC's consultation that has been realized to guide the expansion of SMH programs

### SCHOOL MENTAL HEALTH CERTIFICATE PROGRAM

- The SMH Certificate Program was created to address the recruitment challenge
- Historically, DMH has required years of experience post graduate degree for SMH positions
- Work began by gaining buy-in from DMH Senior Leadership and then formalizing the specific program requirements

# **Program Description**

- Complete 600 internship hours at DMH through the School Mental Health Services Program
- × Obtain clinical experience to include shadowing and co-therapy with DMH clinicians during direct service delivery and completing case management tasks (i.e., case notes, client engagement), receiving supervision, and participating in interdisciplinary team meetings, and directly delivering therapy services
- Complete 30 hours of professional development over the course of the program

### **PROGRAM MILESTONES**

- Shadow SMH Professionals
- Receive training in DMH policy and procedures, and demonstrate competencies through DMH's system
- < Become acquainted with DMH software and EHR
- Learn about MTSS by observing at least two MTSS or PBIS meetings
- Attend at least six interdisciplinary/treatment team meetings
- < Shadow at least three group therapy sessions

# PROGRAM MILESTONES, CONT'D...

- Conduct co-therapy with a SMH Professional as primary therapist for at least three sessions
- Complete individual therapy under supervision
- Conduct comprehensive assessments at the onset of treatment
- Lead or co-lead a weekly group therapy session, to include at least four sessions
- Carryout policy and procedures at DMH
- Be proficient with entering client information into DMH software and EHR
- Participate in at least six interdisciplinary/treatment team meetings.

### **PROFESSIONAL DEVELOPMENT**

- Complete 10 hours of professional development by attending the Southeastern School Behavioral Health Conference
- Complete the remaining 20 hours through webinars, learning evidence-based practices, interactive case studies, and discovering community resources.



### **BENEFITS TO CENTERS/DMH**

- 8. There
- 7. Are
- 6.Too
- 5. Many
- 4. Benefits
- 3. To
- 2. List
- **1. RECRUITMENT**



## **BUT SERIOUSLY...**

- Clinical interns have been tremendously helpful to Mental Health Centers, including:
  - < Clinical coverage
  - < Building the skills of supervisors
  - < Improving relationships with colleges and universities

# Cohort Two

#### x Evaluate the outcomes of the initial cohort

- x Supervisor Survey
- x Student Focus Group
- x Student Survey
- x Developed an application process
  - × Reviewed by DMH and USC
  - x Recommended to DMH Centers

#### x Expand the number of universities and degree programs represented

- x University of South Carolina- Aiken
- x Clemson University
- x Winthrop University
- x Increase the number of participating students
  - x 15-20 graduate students
- x Streamline the process to anticipate bureaucratic delays
  - x Developed Čertificate Program Manual

# FOR MORE INFORMATION...

✓ Website/Application Portal:

< <u>https://scsbhcertificate.weebly.com</u>

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